

A group of people at a party with confetti and streamers. A woman in the foreground is shouting with her mouth wide open, wearing a green jacket and a name tag that says 'LENA'. Other people in the background are also cheering and holding streamers. The scene is festive with purple and blue lighting and streamers hanging from the ceiling.

Bric à Brac presents...

JUST LOSE IT!

"The ensemble as a whole is connected and playful, and in performance there isn't a weak link in the team"

****** Remote Goat**

MEET THE TEAM



Alice Devlin
AJ Palmer



Alex Hinson
Kate S.



Christina Henne Holmbek
Melissa Miles



Lisa Maria Berg
Lena Strauss



Roxanne Browne
Darcy Jones



Hamish Adams-Cairns
Brian Aqua



Henry Lambert
Lawrence McFinn



Anna Marshall
Director

WELCOME TO OUR END OF YEAR EXTRAVAGANZA...

Bin the Belly Weight Loss Corporation invites you to their end of year extravaganza. Expect awards, motivational speeches, fun fitness and, of course, the end of year briefing from our lean, mean, sexy machine: CEO Brian Aqua. So, bin that belly, get that waistline into the waste bin and get ready to drink as much skinny prosecco as you can get your hands on...





You are invited to join international ensemble *Bric à Brac Theatre* as they dive into the mysterious world of weight loss and our obsession with the way we look. A new immersive show exploring the surreal world of weight loss groups and their hunger to win big by losing large. Get ready to participate in games, company drama, and more! Immerse yourself in your team's ethos, decide what you think of the other leaders, and work together to be victorious. As the show progresses you will have the chance to alter the outcome. Who knows...you might even end up one on one with a team leader and learn all of the company secrets!

ABOUT BRIC À BRAC

★★★★★ Fringe Guru ★★★★★ The Stage ★★★★★

A Younger Theatre ★★★★★ The List ★★★★★ Broadway Baby

Bric à Brac are an international ensemble made up of theatre-makers from Britain, Jersey, America, Italy and Norway, who graduated from Paris' École Internationale de Théâtre Jacques Lecoq in 2015. The company's first critically-acclaimed show *Ash* toured Britain and France in 2016-17. *Just Lose It!* is their second full production.

JUST LOSE IT! CAST AND CREATIVES

Directed by Anna Marshall

Performers:

Hamish Adams-Cairns (*Brian Aqua*)

Henry Lambert (*Lawrence McFinn*)

Alice Devlin (*AJ Palmer*)

Alex Hinson (*Kate S.*)

Christina Henne Holmbek (*Melissa Miles*)

Lisa Maria Berg (*Lena Strauss*)

Roxanne Browne (*Darcy Jones*)

Design by Natalie Jackson

Sound by Ellen Kruger

Photos by Sebastiano Kiniger

Devised by Bric à Brac Theatre



JUST LOSE IT!

TESTIMONIALS



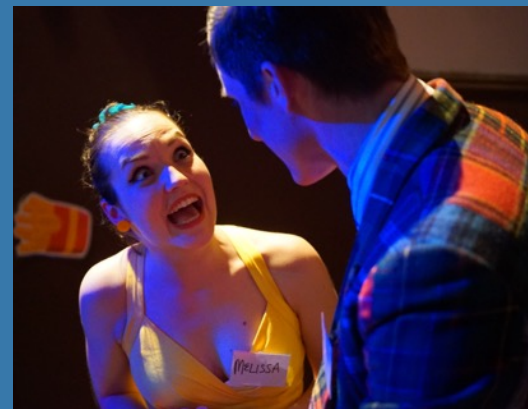
"I loved my team leader and everybody had a good time!" - Olivér Katz

"It was different from anything I had seen before, I thoroughly enjoyed myself and left feeling uplifted"
- Pippa Goodey

"*Just Lose It!* is a fantastic experience! The first immersive theatre experience I have taken part in not only made me feel welcome as part of the cast but also throughout. The performance was witty and engaging" - Max Michel

"Just lost it. My mind. I was immersed in another world, of farce and fun, great way to spend an evening."
- Will Purves

"Fabulous fun show, wicked performances"
- Sophie Ablett



Bric à Brac has received critical acclaim for their debut show *Ash* and are certainly a company to watch.

After a successful run at the Edinburgh Fringe 2016, a sell-out performance at the Space rooftop garden and a 5* star review after our Vault Festival London run, here are some of the highlights...

★★★★★ Fringe Guru

"It's filled with creative flourish; it plays to the eyes and the ears, but most of all to the heart"

"...A highly-stylised production, but the artifice is discreet, never distracting from the strength of the acting"

"*Ash* remains commendably focussed on a specific family, in a specific place at a specific time. But the story is also a universal one; there can't be many in the audience who aren't in some way entangled in its theme. So despite the levity, despite the humour, despite the dance, this is a troubling and deeply moving play"

<http://london.fringeguru.com/reviews/vault-2017/ash>

★★★★★ The Stage

"witty and inventive...inventive staging treats a serious subject lightly without trivialising it"

<https://www.thestage.co.uk/reviews/2016/ash-review-at-zoo-edinburgh/>

★★★★★ THE LIST

"Hilarious...the cast are committed, clearly talented, projecting effortless charm and admirable timing [in this] **startling show**"

<https://edinburghfestival.list.co.uk/article/83148-ash/>



★★★★★ Liverpool Sound and Vision

"[*Ash* is] put together extremely well, hard-hitting [and] really gets under the skin...a very adaptable troupe of actors"

★★★★★ BroadwayBaby

"a powerful, tragic play [that is] charming, endearing and funny"

<http://www.broadwaybaby.com/shows/ash/716534>

★★★★★ A Younger Theatre

"*Ash* really is a powerful, highly enjoyable piece that displays some serious talent from a new and exciting company".

<http://www.ayoungertheatre.com/edinburgh-fringe-review-ash-the-aviary-at-zoo/>

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Please contact us for more information, press
and images. We'd love to hear from you!

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bricabractheatre@gmail.com



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